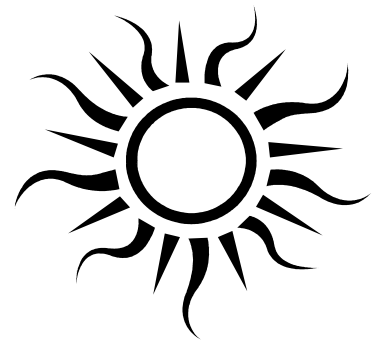
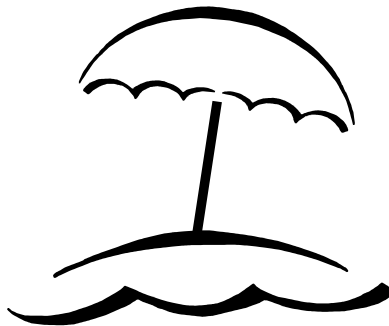
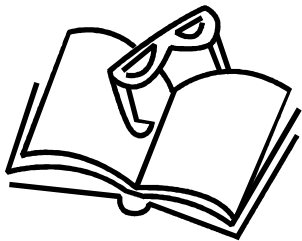


# 2023

# Summer Events



Summer Calendar of Local Events and Activities,  
Camps, Concerts and More



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## Ongoing Activities, Camps, and Programs

### **Aerospace Museum of California**

3200 Freedom Park Drive

McClellan, CA 95652

(916) 643-3192

<https://store.aerospaceca.org>

Explore more than 40 historic aircraft in our 4-acre air park, including a US Navy Blue Angels fighter and a 'Top Gun' F-14 Tomcat. Learn about space exploration and see the future of manned and unmanned flight and space travel. Pilot your own STEM adventure in one of our many activity centers, including building stations, maker crafts, and flight simulators.

### **Creative Arts & Music Center – On-Campus and Online Art Classes**

6210 Douglas Boulevard

Granite Bay, CA 95746

(916) 791-6407

<http://www.creativeartsandmusiccenter.org/>

Year-round programs for aspiring and experienced artists and musicians. Through the magic of art and music, the Center provides programs that inspire students to think outside the box, build their imagination, and encourage self-expression. Ages 3-teen. Unlimited Online Art - \$110/month (includes art supplies). On-Campus Art, four classes each month - \$110/month. On-Campus Art PLUS Unlimited Online Art - \$150/month. Music Lessons, four lessons each month - \$132/month. Call or go to the website for more information.

### **California State University Sacramento Youth Programs**

*Summer Academies for High School Students provided by Sacramento State University:*

<http://www.cce.csus.edu/acads>

Summer Academies will provide high school students with hands-on career exploration with hands-on activities, interactive projects and coaching. The one-week academies include topics in computer science, teaching, entrepreneurship, hospitality and multimedia. Check the Summer Academies website for course descriptions, cost and registration information.

### **Sacramento State Academic Talent Search:**

(916) 278-7032

<http://www.csus.edu/coe/ats/>

ATS provides students entering 7<sup>th</sup>-10<sup>th</sup> grades with the opportunity to explore a variety of subjects through the ATS curriculum, and preview college through academic hands-on classes. Classes typically include art, computer science, English, math and performing arts. Call ahead or check the website for information, required testing, and application process.

### **Fairytales Town**

3901 Land Park Drive

Sacramento, CA 95822

(916) 808-5233

<http://www.fairytaletown.org>

**Summer Day Camps:** Fairytale Town offers 45 exciting and educational weeklong summer camps for children ages 4 – 12! Morning sessions are offered from 9:00 a.m. to 12:00 p.m. and an afternoon adventures session from 12:00 p.m. to 4:00 p.m. (available for ages 4 – 9) can be added to a morning session to create a full-day camp experience. Each camp is designed for a specific age group and features a unique theme, including visual arts, animals, gardening, puppetry, literature, theatre arts and more. Please check the website for day camp dates, descriptions, and fees.

### **First Tee of Greater Sacramento**

3704 Marconi Ave, Suite #1  
Sacramento, CA 95821  
(916) 486-6220  
<https://firstteesacramento.org>

The First Tee of Greater Sacramento improves the lives of young people by strengthening character and teaching life-enhancing values through the game of golf. Check the website for location and more information.

### **Folsom Zoo Sanctuary**

403 Stafford Street  
Folsom, CA 95630  
(916) 461-6629  
<https://folsomzoofriends.org/camps/>

Explore the wonderful world of animals through Camp adventures at the Folsom City Zoo Sanctuary. Junior Zookeeper Camp – ages 8-11. Campers will take part in hands-on activities and create enrichment for the animals. Senior Zookeeper Camp – ages 12-15. Campers will learn about domestic and wild animal behavior, animal training techniques, animal health, and caregiving. Check the website for dates and fees.

### **Sacramento History Camp**

101 I Street  
Old Sacramento, CA 95814  
(916) 808-7059  
<http://sachistorymuseum.org>

Old Sacramento History Camp is a day camp that provides a safe, fun, and educational experience. Campers will take part in field trips to historic sites and museums in the Sacramento area, arts and crafts, games, and outdoor activities. The camp is available for children ages 6 – 13. Extended care hours are available for an additional fee. Please check the website for camp hours, dates, theme descriptions, and fees.

### **Sacramento State Aquatic Center**

1901 Hazel Avenue  
Gold River, CA 95670  
<https://www.sacstateaquaticcenter.com/youth-boating-camps>

Youth Camps for children between the ages of 7-17 are provided. Camps include Basic (sailing, windsurfing, canoeing, kayaking, stand up paddling), sailing, paddle, adventure, rowing and more. Please check the website for camp hours, dates, descriptions, and fees.

**Sacramento Theater Company Summer Camp**

1419 H Street

Sacramento CA 95814

(916) 916-446-7501

<https://www.sactheatre.org/shows/summer-camp-2022/>

ACT\*DANCE\*SING Camps are available for students in 1<sup>st</sup>-8<sup>th</sup> grades. Camps include acting, dancing, and singing classes, with a continued focus this year on scenic arts, props and costuming, character building, and select movement forms for each different theme. Each session ends with a collaborative, on-stage, final presentation for the entire family where they will perform select songs and dances from musicals. Please check the website for camp hours, dates, theme descriptions, and fees.

## Museums

www.sacmuseums.org

### **California Museum**

1020 O Street

Sacramento CA 95814

(916) 653-7524

<https://www.californiamuseum.org>

Home of the official California Hall of Fame, the California Museum educates visitors on California's diverse history, arts, and culture.

### **California State Capital Museum**

State Capitol Building, Room B-27

10th & L Streets

Sacramento, CA 95814

(916) 324-0333

<https://www.capitolmuseum.ca.gov>

The California State Capitol Museum tours are free. Discover the architecture, history, and development of the California State Capitol from its initial formation 150 years ago to the modern day. Virtual tours are also available.

### **California State Railroad Museum**

125 I Street

Sacramento, CA 95814

(916) 323-9280

<https://www.californiarailroad.museum>

The California State Railroad Museum is home to exhibits and beautifully restored railroad cars and locomotives, which illustrate railroad history in California and the West. Excursion Train rides operate weekends May-September.

### **Crocker Art Museum**

216 O Street

Sacramento, CA 95814

(916) 808-7000

<https://www.crockerart.org>

The Crocker Art Museum features the world's foremost display of California art and is renowned for its holdings of European master drawings and international ceramics.

### **Sacramento History Museum**

101 I Street

Old Sacramento, CA 95814

(916) 808-7059

<http://sachistorymuseum.org>

The Sacramento History Museum brings history to life. Explore the beginnings of Sacramento City and the Gold Rush that caused it all.

**SMUD Museum of Science and Curiosity**

400 Jibboom Street  
Sacramento, CA 95811  
(916) 674-5000

<http://visitmosac.org/visit/>

The SMUD Museum of Science and Curiosity is the perfect place to spend time with your friends and family. MOSAC is filled with interactive exhibits, live demonstrations and events for all ages.

**Sojourner Truth African Heritage Museum**

2251 Florin Road #126  
Sacramento, CA 95822  
(916) 320-9573

<https://www.sojoartsmuseum.org/>

The Sojourner Truth African Heritage Museum provides exploration and celebration of African American history, experiences and culture.

## Memorial Day Weekend Activities

### **International Kids Festival**

William A. Carrol Amphitheater

3901 Land Park Drive

Sacramento, CA 95822

Date: Saturday, May 27th

Time: 10:00 a.m. – 4:00 p.m.

(916) 299-1777

<https://www.sackidsfest.com/>

Join the International Kids Festival and enjoy pony rides, jumbo inflatables, rock climbing wall, miniature train rides, trampolines, face painting and more. Don't miss this fun for the entire family.

### **Sacramento County Fair**

Cal Expo

1600 Exposition Blvd.

Sacramento CA 95815

Dates: May 25-29

(916) 263-2975

<https://www.sacfair.com>

The Sacramento County Fair returns with four days of all your favorite fair food, animals, rides and shows. See website for times and events.

## June Activities

### **Placer County Fair**

700 Event Center Drive

Roseville CA 95678

Date: June 22-25

<https://www.placercountyfair.org>

The Placer County Fair returns for four days of all your favorite fair food, rides and shows. See website for times and events.

### **2023 Sacramento Bachata and Salsa Festival**

2001 Point W Way

Sacramento, CA 95815

Date: June 22-25

[www.SacFestival.com](http://www.SacFestival.com)

The Sacramento Bachata & Salsa Festival is a three-day/four-night event located at the Doubletree by Hilton Sacramento. Featuring 60 dance workshops from internationally renowned instructors who have shaped dancing around the world and live music at night by Grammy-Winning salsa & bachata bands & orchestras! You can expect full immersion in salsa and bachata, and even round out your palette with technical, hip-hop, lap dance, Rueda, and Cumbia workshops. Other activities include day parties, live dance performances, and dancing until 6 a.m.!



## July Activities

### **Elk Grove Salute to the Red, White, and Blue – Fireworks Show**

Elk Grove Regional Park  
9950 Elk Grove-Florin Road  
Elk Grove, CA 95624

Date: Monday, July 4

Time: 6:00 p.m. – 10:00 p.m.

<http://www.elkgrovecity.org>

Join the City of Elk Grove as they Salute the Red, White, and Blue with a fireworks spectacular. Fireworks, food, music and fun. Check the website for information on admission.

### **River Cats Annual Fourth on the Field**

Raley Field  
400 Ballpark Drive  
West Sacramento, CA 95661

Date: Monday, July 4

Time: 6:00 p.m. – 10:00 p.m.

<https://www.sutterhealthpark.com/fourthonthefield>

Come out and celebrate the birth of our nation while bringing back the feel of a neighborhood block party with local food trucks lining the warning track, interactive games on the field, a kid's area with fun games, inflatables for all ages and live music! To cap the night, bring your blankets and grab a spot on the field as we present a spectacular show in the sky with fireworks synced to America's favorite patriotic music. Check the website for information on times and admission.

### **Roseville 4th of July Parade**

Date: Monday, July 4

Time: 9:00 a.m.

[https://www.roseville.ca.us/residents/city\\_events](https://www.roseville.ca.us/residents/city_events)

Come out for the annual 4<sup>th</sup> of July parade! The parade begins at 9:00 a.m. at the intersection of Riverside/Vernon/Douglas. Stay for the fun after the parade in Royer Park from 10:00 a.m. – 1:00 p.m. Enjoy the sounds of the patriotic concert band while kids have fun with games and activities.

### **Roseville 4th of July Fireworks @ the Grounds**

700 Event Center Drive  
Roseville CA 95678

Date: Monday, July 4

Time: Gates open 4:00 p.m.

[https://www.roseville.ca.us/residents/city\\_events](https://www.roseville.ca.us/residents/city_events)

Bring a blanket or chairs for the family and come celebrate Independence @The Grounds with the 4<sup>th</sup> of July fireworks show. Activities and games for the kids and concessions for the whole family. Fireworks begin between 9:15 and 9:30 p.m.

### **Summer Family Fun Fest**

311 Vernon Street, Vernon Square  
Roseville, CA 95678

Date: Sunday, July 9th

Time: 10 a.m. – 4 p.m.

<https://www.eventbrite.com/e/summer-family-fun-fest-tickets-601577062187?aff=ebdssbdestsearch>

Over 100 Vendors- 2 Live Bands- Kids Zone – gourmet food, food trucks and more!

**Marysville Peach Festival**

D Street between First and Seventh Streets in Downtown Marysville

Dates: July 14-15, 2023

Time: Friday 4:00 p.m. – 10:00 p.m.; Saturday 10:00 a.m. – 10:00 p.m.

[www.marysvillepeachfest.com](http://www.marysvillepeachfest.com)

Come enjoy food, entertainment and arts and crafts with forty thousand other people who regularly visit the annual Marysville Peach Festival in Historic Downtown Marysville! Admission and parking are free.

**California State Fair**

1600 Exposition Blvd

Sacramento CA 95815

(916) 263-3000

Dates: July 14-30, 2023

[www.https://calexpostatefair.com](https://calexpostatefair.com)

The California State Fair returns in 2023. The 17-day fair is a celebration of the State of California, its industries, agriculture and diversity of its people. Check the website for information on times and admission.

## Labor Day Weekend Activities

**Chalk It Up! Chalk Art and Music Festival**

Fremont Park

1515 Q Street

Sacramento, CA 95814

Date: Saturday, September 2 – Monday, September 4

Time: 10:00 a.m. – 6:00 p.m.

<https://chalkitup.org>

The annual Chalk It Up! Festival which encourages artistic expression of all kinds through a three-day celebration of chalk art, live music, and regional food and craft vendors.

**Foodieland Night Market**

1600 Exposition Blvd

Sacramento, CA 95815

Date: September 1 – 3, 2023

Time: 3:00 p.m.

<https://allevents.in/sacramento/foodieland-night-market-sacramento-%7C-september-1-3-%7C-labor-day-weekend/200023760885806>

Inspired by the famous open-air night markets of Asia, FoodieLand Night Market is a family-friendly outdoor food festival that you will not want to miss. Featuring a lineup of over 170+ multicultural vendors, we are thrilled to present some of the most exciting culinary artists and global food pioneers in one place. Save the date, grab your crew and come hang with us!

## Recreation and Teen Centers

4-H Youth Program .....	(916) 875-6530
Big Brothers Big Sisters .....	(916) 646-9300
Boy Scouts of America .....	(916) 929-1417
Boys and Girls Club of America .....	(916) 392-1350
Girl Scouts .....	(916) 452-9181
Sacramento Public Library .....	(916) 264-2700
YMCA of Superior California .....	(916) 452-9622

### Sacramento Dept. of Parks and Recreation

<http://www.cityofsacramento.org/ParksandRec>

Belle Coolegge Community Center .....	(916) 808-5610
Clunie Community Center .....	(916) 452-8011
Coloma Community Center .....	(916) 808-6060
East Portal Clubhouse .....	(916) 808-6060
Evelyn Moore Community Center .....	(916) 808-5610
George Sim Community Center .....	(916) 808-3761
Hagginwood Community Center .....	(916) 808-6439
North Natomas Community Center .....	(916) 808-2306
Oak Park Community Center .....	(916) 808-6151
Sam Pannell/Meadowview Community Center .....	(916) 808-6680
South Natomas Community Center .....	(916) 808-1571
Woodlake Clubhouse .....	(916) 808-1571

### Salvation Army Sacramento

<https://saccenter.salvationarmy.org/>

Ray Robinson Oak Park Community Center .....	(916) 469-4600
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### Southgate Recreation and Park District

[www.southgaterecandpark.net](http://www.southgaterecandpark.net)

Main Number (916) 428-1171

Crofoot Center & Park .....	(916) 395-0601
Fletcher Farm Community Center .....	(916) 383-9677
Florin Creek Recreation Center .....	(916) 395-0601
Fruitridge Community Center .....	(916) 422-7610
Fruitridge Aquatic Center .....	(916) 422-7610
Jose Rizal Community Center .....	(916) 395-0601
Pat O'Brien Community and Aquatic Center .....	(916) 526-0234
Rutter Park & Swim Center .....	(916) 421-1303
Wildhawk Golf Clubhouse .....	(916) 688-4653

### Sunrise Recreation and Park District

[www.sunriseparks.com](http://www.sunriseparks.com)

Main Number (916) 725-1585

Antelope Community Park /Aquatic Complex .....	(916) 725-1585
Crosswoods Community Center .....	(916) 725-1585
Foothill Community Park and Community Center .....	(916) 725-1585
Foothill Golf Center .....	(916) 725-3399

### Teen Center USA

[www.teencenterusa.org](http://www.teencenterusa.org)

Elk Grove .....	(916) 686-6942
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## Parks Districts

Arcade Creek	<a href="http://www.acrpd.com">www.acrpd.com</a>	(916) 482-8377
Arden Manor	<a href="http://www.amrpd.org">www.amrpd.org</a>	(916) 487-7851
Arden Park	<a href="http://www.aprpd.org">www.aprpd.org</a>	(916) 483-6069
Carmichael Park & Recreation	<a href="http://www.carmichaelpark.com">www.carmichaelpark.com</a>	(916) 485-5322
Cordova Recreation & Park	<a href="http://www.crpdp.com">www.crpdp.com</a>	(916) 842-3300
Cosumnes Community Services District	<a href="http://www.yourcsd.com">www.yourcsd.com</a>	(916) 405-5600
Fair Oaks Recreation & Park District	<a href="http://www.fairoakspark.org">www.fairoakspark.org</a>	(916) 966-1036
City of Folsom Parks & Recreation	<a href="http://www.folsom.ca.us">www.folsom.ca.us</a>	(916) 355-7285
Fulton – El Camino Recreation & Park District	<a href="http://www.fecrpd.com">www.fecrpd.com</a>	(916) 927-3802
City of Galt Parks and Recreation Department	<a href="http://www.ci.galt.ca.us">www.ci.galt.ca.us</a>	(209) 366-7100
City of Isleton	<a href="http://www.cityofisleton.com">www.cityofisleton.com</a>	(916) 777-7770
Mission Oaks Recreation and Park District	<a href="http://www.morpd.com">www.morpd.com</a>	(916) 488-2810
North Highlands Recreation and Park District	<a href="http://www.nhrpd.org">www.nhrpd.org</a>	(916) 332-7440
Orangevale Park and Recreation District	<a href="http://www.orangevalecommunitycenter.com">www.orangevalecommunitycenter.com</a>	(916) 988-4373
Department of Regional Parks	<a href="http://www.regionalparks.saccounty.net">www.regionalparks.saccounty.net</a>	(916) 875-6961
City of Sacramento Department of Parks and Recreation	<a href="http://www.cityofsacramento.org">www.cityofsacramento.org</a>	(916) 277-6060
Rio Linda – Elverta Recreation and Park District	<a href="http://www.rleparks.com">www.rleparks.com</a>	(916) 991-5929
Southgate Recreation and Park District	<a href="http://www.southgaterecandpark.net">www.southgaterecandpark.net</a>	(916) 428-1171
State Department of Parks and Recreation	<a href="http://www.parks.ca.gov">www.parks.ca.gov</a>	(916) 653-6995
Sunrise Recreation and Park District	<a href="http://www.sunriseparks.com">www.sunriseparks.com</a>	(916) 725-1585

## Summer Concerts

### Arden Parks and Rec Music in the Park

Arden Park

1000 La Sierra Drive, Sacramento, CA 95864

Dates: Check website for dates

(916) 483-6069

<http://www.aprpd.org>

Begins at 7:00 p.m. Bring a blanket, lawn chair, your family and friends. Cost: Free

### Pops in the Park

Dates: June 3rd, June 10<sup>th</sup>, June 17<sup>th</sup>, and June 24<sup>th</sup>

(916) 808-7235

[www.eastsacpopsinthepark.com](http://www.eastsacpopsinthepark.com)

Councilmember Harris is very excited to continue the wonderful tradition of Pops in the Park. This year, they will have four East Sac Concerts, June 3<sup>rd</sup>, at East Portal Park, June 10<sup>th</sup> at Bertha Henschel Park, June 17<sup>th</sup> at McKinley Park and June 24<sup>th</sup> at Glen Hall Park. See website for more information and times.

### Concerts on the Square

Vernon Street Town Square

311 Vernon Street, Roseville, CA 95678

Dates: Check website for dates

Time: Gates Open: 6:30 p.m.

<http://www.roseville.ca.us>

On the third Saturdays from June–September, come to Vernon Street Town Square to hear great music! Gates open at 6:30 p.m., show starts at 7:30 p.m. so come on down and enjoy some tasty food truck grub and claim your space for the show. Free admission. \$45 nightly cabana rentals available.

### Hot Summer Nights Concert Series

Laguna Town Hall Outdoor Amphitheater

3020 Renwick Avenue, Elk Grove, CA 95758

Date: Every Friday in August

Times: 6:30 p.m. – 9:00 p.m. (No entry before 5 p.m.)

<https://www.cosumnescsd.gov/394/Hot-Summer-Nights-Concert-Series>

FREE musical event for all ages. Warm nights and great tunes are back this August! The Hot Summer Nights Concert Series returns each Friday in August. Children's activities and other concessions will be offered at varying costs.

### Rancho Cordova Summer Concert Series

Village Green Park

3141 Bridgeway Drive, Rancho Cordova, CA 95670

Dates: Every Friday in August

Time: 7:00 p.m.

<https://www.cordovacouncil.org/friday-night-concerts>

Rancho Cordova's Summer Series has become as much a part of the city's summer as 100-degree weather. This is a series of free 'Friday Nights Out' that will keep you happily entertained throughout the summer! Snacks and other food will be available for purchase.

## Concerts

### Toyota Amphitheater

2677 Forty Mile Road  
Wheatland, CA 95692

For more information and prices, go to <http://amphitheatrewheatland.com> or [www.livenation.com](http://www.livenation.com).

July 8	Saturday	Nickelback: Get Rollin' Tour	7:00 p.m.
July 21	Friday	Luke Bryan: Country On Tour 2023	7:00 p.m.
July 29	Saturday	Tears for Fears	7:30 p.m.
August 7	Monday	The Smashing Pumpkins: The World Is A Vampire Tour	7:30 p.m.

### Golden 1 Center

500 David J Stern Walk  
Sacramento, CA 95814

For more information and prices, go to <https://www.golden1center.com> or [www.livenation.com](http://www.livenation.com).

June 20	Tuesday	Erykah Badu	7:30 p.m.
June 23	Friday	Blink 182	7:30 p.m.
June 30	Friday	Jurassic World Live	7:00 p.m.
July 14	Friday	Dude Perfect	7:00 p.m.
July 29	Saturday	Marca MP	8:00 p.m.

## Runs and Walks

### **Kaiser Permanente Women's Fitness Festival**

2311 J Street

Sacramento, CA 95811

Date: Sunday, June 4, 2:30 p.m.

<http://womensfitnessfestival.com/>

Grab your sisters, mothers, daughters and girlfriends for Kaiser Permanente Women's Fitness Festival. The festival is Sacramento's largest event for women and is an event you don't want to miss. Visit the website for race day schedule and registration information.

### **Run 4 Hunger**

Elk Grove Regional Park

9950 Elk Grove-Florin Road

Elk Grove, CA 95624

Date: Sunday, July 4

<http://egr4hunger.com/>

Join this family-friendly run to benefit the Elk Grove Food Bank. Proceeds from the Elk Grove Run 4 Hunger 5K/10K benefits the Elk Grove Food Bank Services (EGFBS). 2023 marks the 18<sup>th</sup> year of this important fundraiser. Strollers and dogs are welcome. Check the website for registration information.

### **The Color Run Sacramento**

4181 Power Inn Rd

Sacramento, CA 95826

Date: Saturday, August 5<sup>th</sup>

Time: 12:00 p.m.

<https://thecolorrun.com>

The Color Run, also known as the Happiest 5k on the Planet, is a unique paint race that celebrates healthiness, happiness, individuality, and giving back to the community. See website for more information.

### **Bubble Run**

1600 Exposition Blvd

Sacramento, CA 95815

Date: Saturday, June 3<sup>rd</sup>

Time: 7:00 a.m.– 5:00 p.m.

<https://www.letsdothis.com/us/e/bubble-run-sacramento-192919>

Gather your friends and family this summer to experience the fun of a Bubble Run! You'll take on a 5k distance race whilst playing in the endless stream of bubbles. This event is said to be the running equivalent of the whimsical bubble room in Willy Wonka's factory.

## Pools & Aquatic Centers

### **Arden Manor Aquatics**

Daily admission fees: varies by days of the week.  
Go to [www.amrpd.org](http://www.amrpd.org) for additional information.

### **Arden Park Aquatics**

Daily admission fees: \$3 all ages; \$2 wading pool.  
Go to [www.aprpd.org/](http://www.aprpd.org/) for additional information.

### **Cameron Park Aquatics Center and Lake**

Daily admission fees: varies based on location, age, and time.  
Go to [www.cameronpark.org](http://www.cameronpark.org) for additional information.

### **Cordova Aquatics**

Daily admission fees: varies based on location.  
Go to [www.crpdp.com/](http://www.crpdp.com/) for additional information.

### **Cosumnes Aquatics**

Daily admission fees: varies based on location.  
Go to [www.yourcsd.com](http://www.yourcsd.com) for additional information.

### **Folsom Aquatic Center**

Daily admission fees: varies based on age. Children 2 and under are free.  
Go to [www.folsom.ca.us](http://www.folsom.ca.us) for additional information.

### **Fulton El Camino Aquatics**

Daily admission fees: \$3 for all ages. Children 2 and under are free.  
Go to [www.fecrpd.com](http://www.fecrpd.com) for additional information.

### **Roseville Aquatics**

Daily admission fees: varies based on location.  
Go to [www.roseville.ca.us/parks](http://www.roseville.ca.us/parks) for additional information.

### **Sacramento City Aquatics**

Daily admission fees: \$2 ages 17 and under, \$4 ages 18+.  
Go to [www.cityofsacramento.org/ParksandRec](http://www.cityofsacramento.org/ParksandRec) for additional information.

### **Southgate Recreation Swim**

Daily admission fees: \$1 ages 0-17, \$2 ages 18+.  
Go to [www.southgaterecandpark.net](http://www.southgaterecandpark.net) for additional information.

### **Sunrise Recreation & Park District – Antelope Aquatic Complex & Rusch Park Pool**

Go to [www.sunriseparks.com/2022-public-swim](http://www.sunriseparks.com/2022-public-swim) for additional information.



## Community Resources

### **24-HOURS-PER-DAY:**

<b>2-1-1 Sacramento</b> .....	<b>2-1-1</b>
<b>California Youth Crisis Line</b> .....	<b>(800) 843-5200</b>
<b>Child Protective Services</b> .....	<b>(916) 875-5437</b>
<b>National Runaway Safeline</b> .....	<b>(800) 786-2929</b>
<b>Sacramento Crisis Nursery – North</b> .....	<b>(916) 679-3600</b>
<b>Sacramento Crisis Nursery – South</b> .....	<b>(916) 394-2000</b>
<b>Sacramento Life Center</b> .....	<b>(916) 451-4357</b>
<b>Sacramento Suicide Prevention Crisis Hotline</b> .....	<b>(916) 368-3111</b>
<b>Sutter Teen Parent Programs</b> .....	<b>(916) 887-4031</b>
<b>Trevor Project Crisis Line – LGBTQ Youth</b> .....	<b>(866) 488-7386</b>
<b>WEAVE (Women Escaping a Violent Environment)</b> .....	<b>(916) 920-2952</b>
<b>WIND Youth Services</b> .....	<b>(916) 561-4900</b>

### **Free Summer Youth Lunch Program**

The Free Lunch Program is a federally funded child nutrition program sponsored locally by the City of Sacramento Department of Parks and Recreation. Any child ages 1-18 can show up at a summer food site (there are more than 125 sites in Sacramento County) and eat a free lunch. This program is intended to provide the nutritious lunch that so many kids depend on during the summer months, when school is out of session. Sites are located in kid-friendly places such as parks, recreation centers and apartment complexes. To find out about sites in your neighborhood, call the Summer Food Service Program at (916) 324-6153.

### **Jobs**

Whether you baby-sit, bag groceries, or serve food, having a summer job gets you some extra cash and prevents boredom during those long, lazy summer days. Check local businesses for openings or go to [www.sacjobs.com](http://www.sacjobs.com) for a listing of local jobs.

### **Volunteer Opportunities: Regional Center for Volunteerism-HandsOn Sacramento**

8001 Folsom Boulevard, Suite 100

Sacramento, CA 95826

Phone: (916) 447-7063

<https://www.handsonsacto.org/>

The Regional Center for Volunteerism - HandsOn Sacramento programs are designed to impact two different, but equally important groups – the volunteers who provide service to the community, and the individuals and agencies who benefit from this support. The online database is populated with volunteer opportunities at 450+ nonprofits in the Sacramento Region. Volunteers can connect with one-time, ongoing, and skills-based volunteer opportunities based on their desired location, impact area, and time commitment.