

# Playbook 2022-23



Revised 7/25/2022

This Playbook serves as the guidance for operating preschool through grade twelve at all sites in the Center Joint Unified School District in response to the COVID-19 pandemic.

The Playbook was developed using the guidance of the following entities and documents:

<b>Sacramento County Department of Health</b>	<a href="#"><u>Mask Guidance - 3/12/2022</u></a> <a href="#"><u>Decision Tree 7/25/2022</u></a>
<b>California Department of Public Health</b>	<a href="#"><u>CDPH Guidance 6/30/2022</u></a> <a href="#"><u>CDPH Group Tracing Guidance 3/12/2022</u></a>

Effective 3/12/2022, the wearing of masks at school by students and staff is strongly recommended but not required. It is vitally important that we respect everyone's individual decision to wear or not wear a mask.

## HEALTH AND SAFETY

**Check for Symptoms Each Day Before School -**

**Stay home if you have any COVID 19 symptoms.**

<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

### Symptoms of Coronavirus (COVID-19)

**Know the symptoms of COVID-19, which can include the following:**



**Symptoms can range from mild to severe illness, and appear 2–14 days after you are exposed to the virus that causes COVID-19.**

#### **Seek medical care immediately if someone has Emergency Warning Signs of COVID-19**

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Pale, gray, or blue-colored skin, lips, or nail beds, depending on skin tone

This list is not all possible symptoms. Please call your healthcare provider for any other symptoms that are severe or concerning to you.



Centers for Disease  
Control and Prevention  
National Center for Emerging and  
Zoonotic Infectious Diseases

[cdc.gov/coronavirus](https://cdc.gov/coronavirus)

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## Bus Transportation



### Bus Transportation

- Students and staff will sanitize their hands upon entering the bus using the supplied hand sanitizer.
- Masks are strongly recommended but not required. It is imperative that everyone's decision regarding wearing or not wearing a mask be respected.

## Visitors



- Only visitors who are free of COVID-19 symptoms will enter the school site.

## Face Masks



### Face Masks

Face masks are strongly recommended to be worn by all students and staff when around others but not required. It is very important that everyone's decision regarding the wearing or not wearing of a mask be respected.

Face masks will be provided to students and staff who request one.

<b>Cleaning and Disinfecting</b>	<div data-bbox="841 65 1157 277" data-label="Image"> </div> <div data-bbox="719 285 1279 340" data-label="Section-Header"> <h2>Cleaning &amp; Disinfecting</h2> </div> <div data-bbox="488 373 1437 468" data-label="List-Group"> <ul style="list-style-type: none"> <li>• All classrooms and offices will be cleaned daily.</li> <li>• All facilities exposed to a person sick with COVID 19 will be both cleaned and disinfected.</li> </ul> </div>
<b>Hygiene Practices</b>	<div data-bbox="826 501 1172 726" data-label="Image"> </div> <div data-bbox="786 735 1214 789" data-label="Section-Header"> <h2>Hygiene Practices</h2> </div> <div data-bbox="488 823 1531 1239" data-label="List-Group"> <ul style="list-style-type: none"> <li>• All staff, students, and parents will be provided information regarding proper hygiene procedures pertaining to COVID-19 transmission, including             <ul style="list-style-type: none"> <li>○ Washing hands regularly</li> <li>○ Covering mouths during coughs or sneezes</li> <li>○ Wearing face coverings</li> <li>○ Not touching faces and eyes</li> </ul> </li> <li>• Students and staff will wash or sanitize hands upon entering the classroom.</li> <li>• Reminders of hygiene procedures will be posted throughout classrooms and school sites.</li> <li>• Handwashing/sanitizing times will be built into the daily school schedule.</li> </ul> </div>
<b>Plan to Address the Positive Test Results of COVID-19 of Students or Staff</b>	<div data-bbox="802 1302 1135 1528" data-label="Image"> </div> <div data-bbox="657 1537 1437 1591" data-label="Section-Header"> <h2>Addressing Positive Test Results</h2> </div> <div data-bbox="438 1650 1526 1766" data-label="Text"> <p>Staff and students in a class in which a person has tested positive for COVID-19 will be notified of their possible exposure and asked to monitor for symptoms.</p> </div> <div data-bbox="438 1799 1489 1841" data-label="Text"> <p>All persons with symptoms should stay home until their symptoms resolve.</p> </div> <div data-bbox="756 1875 1245 1915" data-label="Text"> <p><a href="#">CDPH Tracing Guidance 3/12/2022</a></p> </div>

<b>PHYSICAL DISTANCING</b>	<b>PHYSICAL DISTANCING</b> There are no minimum physical distancing requirements in schools. Still, schools will make every effort to maximize physical distancing in all settings as long as such efforts do not interfere with full-time attendance for all students.
<b>Ventilation</b>	<b>Guidelines per the Centers for Disease Control - <a href="#">Ventilation in Schools and Child Care Programs</a>- 2-26-2021</b>  Bring in as much outdoor air as possible. <ul style="list-style-type: none"> <li>• If safe to do so, open windows and doors. Even just cracking open a window or door helps increase outdoor airflow, which helps reduce the potential concentration of virus particles in the air. If it gets too cold or hot, adjust the thermostat. Do not open windows or doors if doing so poses a safety or health risk (such as falling, exposure to extreme temperatures, or triggering asthma symptoms).</li> <li>• Use child-safe fans to increase the effectiveness of open windows. Safely secure fans in a window to blow potentially contaminated air out and pull new air in through other open windows and doors.</li> <li>• Consider having activities, classes, or lunches outdoors when circumstances allow.</li> </ul>
<b>Independent Study</b>	An independent study program using online software will be available for all students. This is a truly independent study program that offers limited teacher contact. Contact your site principal for further details.

## SOCIAL-Emotional Supports and Crisis Hotlines

<b>Social-Emotional Supports and Crisis Hotlines</b>	<a href="#">Link to Social-Emotional Supports and Crisis Hotlines</a>
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